

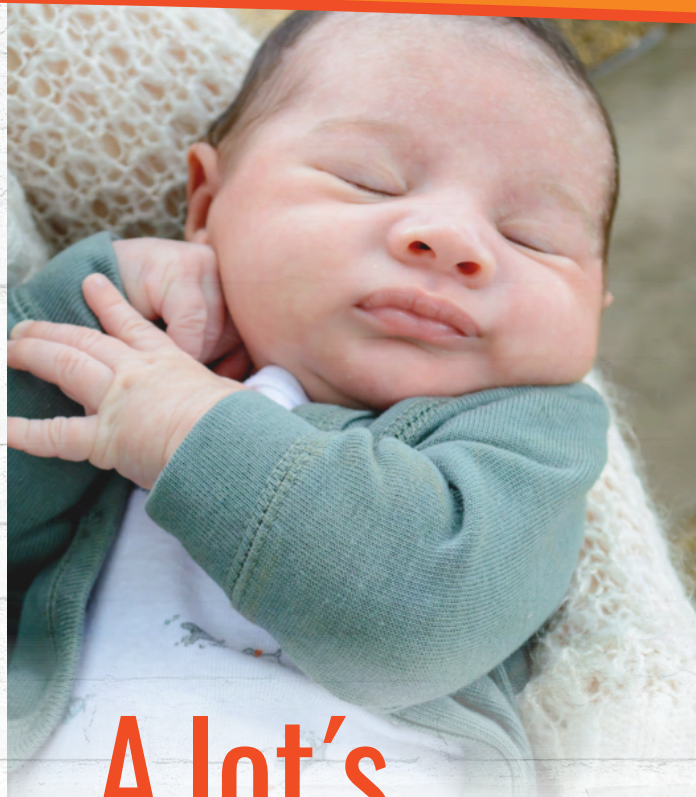
Contact us

to learn more and get connected
with your free personal nurse.

Call/Text

(970) 248-6900

Search "Mesa County NFP"



A lot's gonna change

You've got this!

with a free personal nurse



What is Nurse-Family Partnership?

Nurse-Family Partnership is **free** for people who are expecting their first baby. When you enroll you will be connected to a registered nurse who will provide the support, advice and information you need to have a healthy pregnancy, a healthy baby and be a great parent.



How much does it cost?

Nurse-Family Partnership is **free** to eligible families.

Your nurse will support you to:

- Have a healthy pregnancy and a healthy baby.
- Become the best parent you can be.
- Learn and practice things that make you more confident, like breast/chest feeding, nutrition, child development, safe-sleep techniques and much more.
- Get referrals for healthcare, childcare, job training and other support services available in your community.
- Continue your education, develop job skills or follow your dreams for the future.

Who can enroll in Nurse-Family Partnership?

Anyone who:

- Is expecting their first child
- Is pregnant 28 weeks or less
- Meets income requirements
- Lives in an area where Nurse-Family Partnership is available

Can my partner participate?

Yes! Partners, family members and friends are welcome to participate with you in the program.

