Create an Account

From an **Email Invitation**

Proxy Registration Instructions for Adult dependent

With the all-in-one personal health record and patient portal, accessing your child's medical information from any computer, tablet or smartphone is easier than ever!

Just follow these simple steps to get connected today!

1

Check your email. You will receive an email from noreply@followmyhealth.com. Click the registration link and follow the onscreen prompts. If you don't receive an email, please check you junk/spam folder.

2

Don't have a Portal Account? Click Sign Up and Connect. Enter <u>YOUR</u> name, email address and DOB (not your loved one's) and click "I Accept."

-OR-

If you have an existing portal account **Log In to <u>Your</u> Portal Account.**, log in using your standard method to add the new connection. Skip to **Register as a Proxy.**

3

Create a username for your portal account. By default, your email address that your invitation was sent to will appear in the username box. It is recommended to use this email address as your username.

Next, **create a password** following the criteria noted on the right of the screen.
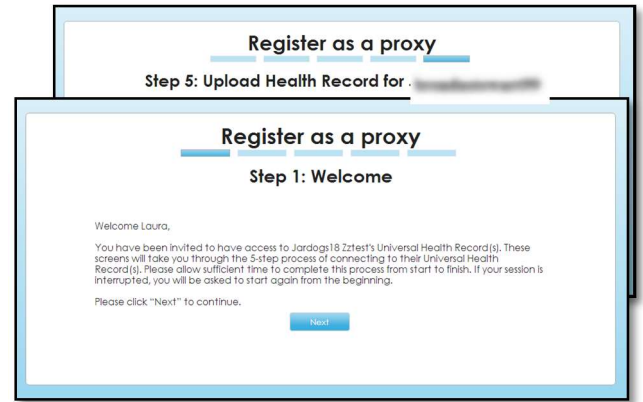
Renter your password to continue.

Register as a Proxy

Get Connected. Follow the on-screen prompts on the next four screens to complete your connection. These screens include accepting our **Terms of Service**, entering your **Invite Code (the last 4 digits of the patient's SS#)** and accepting the **Release of Information**.

Your loved one's health record will then begin to upload. Once populated, you'll be logged in to your account. To view your loved one's information, simply click on **Hello (Your Name)** in the top right corner of your portal, and a drop down to your loved one's record will appear.

Register as a proxy
Step 5: Upload Health Record for

Register as a proxy
Step 1: Welcome

Welcome Laura,

You have been invited to have access to Jardogs18 Zztest's Universal Health Record(s). These screens will take you through the 5-step process of connecting to their Universal Health Record(s). Please allow sufficient time to complete this process from start to finish. If your session is interrupted, you will be asked to start again from the beginning.

Please click "Next" to continue.

Next

Have Questions for Your Loved One's Physician?

Avoid phone tag—communicate with your child or dependent adult's doctor by using the secure messaging feature within the portal. It's quick and easy—n just like email!

Remember, that your main FollowMyHealth account is under your name and you need to be sure to click the drop down arrow next to the "HELLO" to send messages under the Adult Proxy.

PRIMARY CARE PARTNERS
Your Healthcare Destination

Send a Message   Schedule an Appointment   Hello Chewie   My Account   English

Child Allscripts
Lucy Allscripts
Blue Phreesi

Home   Messages   ...th   Wellness

Health Summary

Age	25
Birth Sex	Male
Height	4 ft 11 in
Weight	184.0 lb
Body Mass Index	36.2 kg/m²
Blood Pressure	121/55 mm Hg
Primary Insurance	Blue Advant...MO Colorado
Preferred Pharmacy	(Inacti...

INA... ...TED: JB ...MACY, INC.

Action Center

Collapse All

▼ Chewie B Allscripts

Appointments

Search: Schedule   Export

Upcoming   Past   Other

You have no upcoming appointments.

Recent Activity

Previous   Page 1 of 4   Next

Primary Care Partners added 1 prescriptions to your health record.