

COVID Long Hauler Support Group

If you or someone you know is experiencing COVID-19 symptoms for the past several weeks or months, the Colorado Spirit Team invites you to a free online support group. Join us in an open discussion forum as the group shares experiences with chronic symptoms.

*Please note that we are mental health outreach specialists- not medical specialists.

April 20th

12 pm

ZOOM ID and Link

928 8399 6007

<https://mindspringshealth-org.zoom.us/j/92883996007>

Colorado Spirit is a FEMA-funded recovery program to provide disaster survivors with community-based outreach, stress and resilience education, and connection to mental health and other community resources. For more information visit MindspringsHealth.org/Colorado-Spirit-Initiative



FEMA



Scan QR code for more information on services and support offered by Colorado Spirit or visit MindspringsHealth.org/Colorado-Spirit-Initiative